

“It is great to have a say about which research will help to improve the lives of people on the autism spectrum and those around them”

Adult on the autism spectrum

“I think it is a wonderful thing you are doing because it will help all people in the future with an autism spectrum diagnosis to get more support about their conditions”

Adult on the autism spectrum

I think the study will support people diagnosed with an autism spectrum condition”

Relative of an adult on the spectrum

If you would like to hear more about this research please email us at

adultautismspectrum@ncl.ac.uk

or phone 0191 282 1380

or visit

www.autismspectrum-uk.com



Autism Spectrum Research with Adults and Relatives



There has been little research into how autism changes through adulthood

Newcastle University has launched research to learn more about the lives of adults on the autism spectrum and their relatives

This leaflet tells you about the study, and lets you know how to take part

Who is able to take part and what will people be asked to do?

The study is the first of its kind. We are recruiting at least 500 adults on the autism spectrum and at least 500 relatives / carers:

We are recruiting:

- Adults on the autism spectrum of all ages and abilities
- Relatives or carers who are entitled to respond on behalf of people on the autism spectrum who cannot give consent themselves
- Relatives of adults on the autism spectrum, who will be asked to give information about themselves and their own lives

We ask adults on the autism spectrum to complete information about their life experiences on topics such as their autism diagnosis, information about their physical and mental health and lifecourse information (for example, social support, employment, lifestyle choices). We ask relatives/carers to complete questionnaires to tell us about their lives. Participants will be asked to update the information from time to time, to see how people's lives change.

By taking part, you are helping us with research that might lead to improvements in the services offered to people from the autism community. We will make sure our findings are shared with voluntary sector organisations, and government, to make sure we reach the people who can make these improvements.

All information is kept securely by us and will always be confidential.

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